

BERNEINSATZ 2024

The Philippines



OVERVIEW

Kapintig 1

One Journey. One Team. 2-7

Orientation Days 8-12

05th August - 9th August

Marinduque Experience 13-20

10th August - 16th August

Urban Experience 21-26

17th August - 21st August

Cordillera Experience 27-31

22nd August - 26th August

Closing Days 32-33

27th August - 30th August

KAPINTIG

One Pulse. One journey.
A common Endeavour.
A common Yearning.
A Reaching out.
One People. One Humanity.
One World.

ONE JOURNEY



ONE TEAM

ALEXIA

Philippino name: Iya / **Age:** 21 years

About me: I live in Graz, and I study Law at the University of Graz. I am in the second year, and I want to specialize in Human Rights Law. My hobbies are playing Badminton and having game nights with my friends.

Highlight moment: singing Karaoke with my host family in Manila during a black out

Biggest learning: to not complain as much and to appreciate what I have

Biggest challenge: waking up in the morning on travel days

Funny moment: falling down the stairs and seeing that Magda laughs at me before helping me

Always in my backpack: a water bottle and an umbrella



EVA

Philippino name: Mayang / **Age:** 27 years

About me: Middle school teacher with a passion for music.

Highlight moment: singing and dancing in the Cordillera mountains and the Putong (welcoming ceremony).

Biggest learning: how many privileges I got, but also... how just one person can make a huge difference in other people's lives.

Biggest challenge: heat and humidity

Funny moment: when we had a cockroach in our room, jam-sessions in the van, dancing with our host family, playing games in the sea

Always in my backpack: sunscreen, umbrella, sandals



IRENE

Philippino name: Iring / **Age:** 27 years

About me: I'm originally from Spain and I live and work in Vienna as a project manager in European educational projects. My biggest hobbies are reading, writing short stories, spending time with animals, doing sport and dancing.

Highlight moment: Listening to an incredible and resilient woman, my host mum in Kayan

Biggest learning: Taking action against problems requires being humble to understand that you only play a tiny role in the overall solution and mentally strong to keep going even when your actions do not have the impact you expected.

Biggest challenge: lack of time to rest and think calmly about everything I witnessed.

Funny moment: mud fight with my Philippine buddy Helen

Always in my backpack: napkins and sunscreen



LISA

Philippino name: Isai / **Age:** 28 years

About me: I was born and I am currently living in Lower Austria, after many years in Vienna. I did my Masters in Human Rights Law and practice in Malta. Since two years, I work for the (Dreikönigsaktion, DKA). I love connecting with people, kindness, travelling, outdoor activities, good books and old movies.

Highlight moment: Too many to just name one: Karaoke, shadow theater, planting, eating balut, dancing with ECPAT girls...

Biggest learning: Prejudices and stereotypes are unfortunately deeply rooted within the society we live in, so unlearning is a very important responsibility.

Biggest challenge: Having not enough time or space to cater for my needs and, nevertheless, finding the strength to keep going.

Funny moment: curious talk about Austria with a man who knew a lot about the history of the country.

Always in my backpack: Hiking boots



MAGDA

Philippino name: Lena / **Age:** 22 years

About me: I'm a dietician working with children in Vienna. Besides that, I'm also very much into reading books, listening to and making music, cooking and sports.

Highlight moment: Sunsets in Marinduque

Biggest learning: That I, for the most part, took a lot of my privileges for granted, which I will appreciate a lot more when being back in Austria.

Biggest challenge: spending time and connect with people on smoky mountain

Funny moment: planting rice with the community and the endless hours of sharing stories, singing and dancing

Always in my backpack: baby wipes and sunscreen



PETRA

Philippino name: Pitang / **Age:** 52 years

About me: Ich arbeite als Lehrerin an der Schwerhörigenschule Wien. Einen Lerneinsatz wollte ich vor allem machen, um die sozioökonomische Situation, aber auch die Schönheiten der Natur auf den Philippinen kennenzulernen.

Highlight moment: die Zeit, die wir mit den IPs in Cordillera verbringen durften. Das Leben eines Indigenen Volkes hatte ich mir ganz anders vorgestellt.

Biggest learning: Je schlimmer die äußeren Bedingungen sind, desto wichtiger sind Menschen, die einen unterstützen.

Biggest challenge: Die größte Herausforderung für mich war die Zeit in den Gastfamilien. Ich fand es manchmal schwierig, mich an die völlig anderen Lebensverhältnisse anzupassen und dabei meine innere Ruhe nicht zu verlieren.

Funny moment: Am lustigsten war für mich die Zeit mit den Austrian Kapintigs, da wir viel miteinander spielen, singen plaudern und auch lachen konnten.

Always in my backpack: Klopapier, Sonnencreme, Gelsenspray und ein. Regenschirm.



ROMY

Philippino name: Mimi / **Age:** 21

About me: I study Environment and Bioresourcesmanagement in Vienna but my dream is to work as a wildlife Vet

Highlight moment: dancing & singing with the indigenous community in Kayan during familial celebration

Biggest learning: I realized how deeply entrenched the effects of colonization are in society

Biggest challenge: getting sick before the project started but still wanting to participate fully but couldn't

Funny moment: when a large cockroach invaded our room, and our brave hero Helen dropped it in fear, causing everyone to scream

Always in my backpack: notebook for capturing all the random, hilarious moments



TARA

Philippino name: Tata / **Age:** 20 years

About me: Artist and musician who loves to travel the world and works in project management for now

Highlight moment: Chicahan with the locals, the whole cordillera experience, singing and dancing with the local communities

Biggest learning: Privilege is a responsibility. The Western world is too focused on growth and materialism.

Biggest challenge: Metro Manila, smokey mountain

Funny moment: Trying to slurp the meat out of a fresh shell, in the middle of the night with locals from Marinduque and our Ipil team

Always in my backpack: Mango shake





Philippino name: Lingling / **Age:** 33 years

About me: Ich bin Lehrerin und familienmensch, erzähle gerne Geschichte und liebe Tiere.

Highlight moment: die Erfahrung mit den IP's. Es war deshalb so interessant, da wir genug Zeit hatten, mit den Menschen vor Ort zu reden, ins Gespräch zu kommen, die Hintergründe ihres Lebens und ihrer Kultur kennen zu lernen, die Erfahrungen zu verarbeiten und die Zeit dort genießen konnten.

Biggest learning: Mich nicht über Kleinigkeiten aufregen, uns geht es wirklich gut! In meinem Kopf waren die Philippinen ein Urlaubsland- nun bin ich auf dem Boden der Realität zurückgeworfen worden. Jedes Urlaubsland hat einen Schattenfleck, doch das wird oft verdrängt.

Biggest challenge: Müllberg. Die Zeit mit der Organisation SPCC war wohl die größte Herausforderung auf diesem Lerneinsatz. Der Müllberg, auf dem Menschen wohnen, diese Armut und die dichte Bevölkerung dieser Stadt.

Funny moment: Klo Geschichten, der singende Bus, zusammensitzen und reden, Magda's Zwinkerversuch, Hoppalas zwischendurch.

Always in my backpack: Klopapier, Insektenschutz, Sonnencreme, Kopfhörer



ORIENTATION DAYS



ARRIVAL & CULTURAL IMMERSION



After a long trip, full of excitement for the new experience, we arrived quite tired in Manila, where our hosts received us and bring us to St. Camilus, a pastoral center, in which we spent the next couple of days. We met the local kapintigs, a group of young philippinos, who would accompany and orientate us during our experience in Manila and Quezon City.

We had a welcome fiesta, in which we got to know different representatives from DKA partner organizations and we ate, dance and exchanged information about Austrian and Philippino culture.

The next morning, we had an introduction session to learn about Philippino culture and also a tagalog lesson, in which we learnt to present ourselves. Thanks to the inputs of our local friends, we were ready to start our first immersions!



CONTRAST TOURS - QUEZON CITY & METRO MANILA

We wanted to explore Manila in all its facets on a modest budget of just 650 pesos, which is equivalent to around 11 euros. This amount reflects the average daily income per capita in the Philippines. Many families rely on getting by on so little to meet their basic needs such as food, shelter and water, which is a significant financial challenge for many Filipinos. With our 650 pesos per person, we had the opportunity to get to know the city better and move around like locals - using tricycles and jeepneys.

We were split into smaller groups, each accompanied by Kapintigs, without whom we probably wouldn't have managed to survive the day with that budget. Our route took us to a Christian church and a mosque, which gave us an understanding of the importance and diversity of religions in the Philippines.

We strolled through one of the largest markets in Metro Manila, where you can find everything from cell phones to fresh fish. We explored many places on foot in order to gain more intensive impressions. We then visited Bindowo (Chinatown). There were plenty of stores to store in and some great restaurants and food stalls that we discovered as we wandered the streets.

Another jeepney ride took us to Intramuros, the former colonial seat of Spain. The architecture is characterized by the Spanish and the streets are very cleanly prepared for tourism. It looked very different than the other parts of Manila we have seen so far. In Intramuros you could really feel the presence of the Spanish colonial empire, which lasted for more than 300 years. It really felt like traveling back in time.

After that we visited museums that informed us about Spanish colonial history, the indigenous peoples and their customs. It opened up again how diverse the Philippines is and we were all even more thrilled to the upcoming projects and locations in our Lerneinsatz. In the evening, all groups met for dinner at the Mall of Asia, the largest mall in the Philippines. There we tasted our first Halo Halo. A Filipino dessert with ube ice cream, coconut milk and other tasty ingredients.

Afterwards, we shared our experiences and reflected on our day in Manila. This impressive experience gave us the opportunity to take stock of our expenses and reflect on the economic standards in the world.

PHOTO GALLERY





PHOTO GALLERY



MARINDUQUE EXPERIENCE



TRIP DAY & WELCOME NIGHT

Um dem innerstädtischen Verkehrschaos in Manila zu entkommen, startete unsere Fahrt nach Marinduque um 4 Uhr 30.

Wir fuhren bei sintflutartigem Regen mit einem privaten Kleinbus zum öffentlichen Busbahnhof und stiegen dort in einen Überlandbus um. Da das Registrieren einige Zeit in Anspruch nahm und wir auch unsere Plätze sichern mussten, waren wir lange vor der Abfahrt des Busses an der Station.

Nach mehr als vier Stunden Fahrt in einem intensiv klimatisierten Bus trafen wir am Fährhafen ein, um die rund dreistündige Schifffahrt anzutreten.



Endlich auf der Insel angekommen, reisten wir per Jeepney nach Boac, wo wir im Gästehaus des Bischofs die nächsten beiden Nächte verbringen durften.

Abends gab es ein aufwändiges Welcome-Dinner mit Ansprachen, Tanz und Gesang. Als Ehrengäste wurden wir gekrönt und mit Geld und Süßigkeiten beworfen.



ACTIVITIES WITH MACEC

Am Vormittag nahmen wir an einem Vortrag von MACEC teil: Wir erfuhren, dass ihr Hauptanliegen ein totales Schürfverbot in ganz Marinduque ist. Sie kümmern sich aber auch um den Taifunschutz und bauen entsprechende Schutzhütten.

Weiters sehen sie es als ihre Aufgabe, die Menschen dabei zu unterstützen, ein eigenes Einkommen zu haben, Früchte anzubauen und Tiere zu halten, damit diese im Falle von Zerstörungen auf Reserven zurückgreifen zu können.

Auch das Aufforsten stillgelegter Minen, um das im Boden befindliche Kupfer zu binden und den Boden wieder fruchtbar zu machen, zählt zu den Aktivitäten von MACEC.

Am Nachmittag besuchten wir zuerst eine Schmetterlingsfarm, dann durften wir das Gehörte in die Tat umsetzen: Wir besichtigten eine stillgelegte Mine und halfen im Anschluss beim Aufforsten mit. In Kooperation mit der Universität in Manila wurde ein Dünger entwickelt, der es Pflanzen ermöglicht, Kupfer aufzunehmen, um so den verseuchten Boden wieder nutzbar zu machen.

ACTIVITIES WITH BEC

Auch an diesem Tag gab es am Vormittag wieder einen Informationsvortrag. Das Thema war diesmal Die Basic Ecclesial Community (BEC).

Im Anschluss feierten wir gemeinsam einen Gottesdienst und fuhren anschließend weiter nach Santa Crux, wo wir schon mit einer üppigen Merienda erwartet wurden.

Nach dem Essen teilten wir uns in zwei Gruppen und fuhren zu unseren Gastfamilien, wo wir die nächsten beiden Tage verbringen sollten



HOST COMMUNITY OF SUHA

When we first arrived in the municipality, we were warmly welcomed by a delegation of the Lady Guadalupe Parish. After some speeches, some talking and lots of eating, we left via tricycle to Baranguay Suha.

What happened next, was a completely new experience for us and something neither of us expected. There was a beautiful welcome ceremony including a parade with the very talented local children.

We were then greeted by the baranguay Capitan, played some basket ball with the local children and finally left with our host families. Our two families were related and lived right next to each other, which meant that we spent most of our time in Suha together as a group.

On our first evening, we experienced a local tradition that truly embodies the Filipino spirit: the “Serenade.” This tradition, dating back to the Spanish colonization, usually involves singing a song to one’s sweetheart. In our case, a whole group of locals showed up and performed both traditional and modern songs for us.

Throughout our stay, we enjoyed delicious food and participated in a variety of activities. Our schedule was packed with events, including mangrove planting, fishing, cooking nyuba and discovering starfish. We savored fresh melon juice with ice, harvested coconuts, and saw banana and pineapple trees up close for the first time.

One of the highlights was the Solidarity Night, where everyone showcased their talents. We were treated to songs and dances by the local people and the Kapintig group.

Soon, it was time to say goodbye to our host families and the entire community. We left with our hearts full of gratitude, our tummies full of delicious seafood, and countless new adventures to share.



HOST COMMUNITY OF IPIL

Auch hier wurden wir wieder unglaublich herzlich empfangen: Das Schulorchester spielte zu unserer Begrüßung, es wurde auch getanzt. Anschließend lud man zu einem großes Festessen und wieder zu eine Krönung für die Gäste.

Abends gab es am Dorfplatz eine Serenade. Wir wurden besungen und trugen auch selbst etwas vor.

Unser Morgen begann damit, dass wir lernten, Sticky Rice in Bananenblätter zu wickeln. Anschließend sammelten wir Muscheln und setzten Mangrovenäste ein. Nach einer kurzen Bootsfahrt gelangten wir zu einem Gemeinschaftsfloß, wo wir unser Mittagessen einnahmen und frische Muscheln kosteten. Wir begleiteten auch Fischer und halfen beim Netzeinholen, aber leider fingen wir keinen einzigen Fisch

Am Nachmittag lernten wir, Kokosnüsse zu öffnen, pflanzten eine Bananenpalme und holten Kokosnüsse von ihren Palmen herunter. Anschließend feierten wir wieder eine Heilige Messe und machten uns danach auf den Weg zur Solidarity Night, bei der es neben Unmengen an köstlichen Speisen wieder viele Vorführungen und Tänze gab.



PHOTO GALLERY



PHOTO GALLERY



URBAN EXPERIENCE



ACTIVITIES IN SMOKEY MOUNTAIN WITH SPCC

The experience started with a warm welcome including breakfast, attending mass and getting to know the people from SPCC, Salvatorian Pastoral Care for Children, and members of the incredibly dedicated community of Tondo, which is the name of the area around Smokey Mountain.

Members of SPCC and the community explained to us the complex situation of the around 200 families still living on Smokey Mountain, a former garbage dump, which was closed 50 years ago, as illegal settlers and as such have no access to running water and many other necessities, which are needed in order to live a life in dignity. With every step we took going up Smokey Mountain, the smell and trash increased and even though SPCC had tried to prepare us for what we were about to encounter, seeing people and especially children having to survive under such conditions was very hard to take in.

For two days we got to learn from SPCC and take part in carrying out their immensely important work, teaching the community about children's rights, recruiting and educating future child rights advocates in order to create a space where children can be free of maltreatment, (sexual) exploitation, discrimination and child trafficking.

We got the chance to carry out a workshop with children on Smokey Mountain, educating them in a playful way about which kind of touch is safe, consent and the importance of a loud NO.

Carrying out these activities and preparing for the workshop by getting consent from the children's parents was a big challenge for all of us, but we put aside our emotions and focused on getting these important messages through to the children while at the same time making sure they are having a good time.

We received a tiny glimpse of what it must mean and how it must feel like for a person to live in poverty, being unable to fulfill or only insufficiently fulfill their basic human needs and no human being, especially not children, can thrive in such an environment and become the wonderful people they have not only the potential, but also the right, to become.



HOST FAMILIES IN TONDO, METRO MANILA

After our activities at SPCC everybody got with their preassigned buddy and met up with their significant host family. Tara and I went with our assigned host dad Alvin. He welcomed us to his compound and presented us his family, which consists of his 5 Children, his wife Lorena and his grandson. All his children were around our age or even older than us and one of his children is studying in Korea. In the Philippines it is normal that the children move out very late, because the cost of living is very expensive so young adults stay with their parents until they find a partner or can afford to move out.

Our home for the next 2 days had 2 floors, the first one was the living room, an open kitchen and the bathroom with the shower and toilet in one. The second floor right above the first one had 3 small bedrooms, where one of them was ours. Alvin talked very proudly and fondly of his kids, and it also reflects on the many family pictures hanging around the house.

The apartment was located right in front of the local market, so all our groceries and foods were bought freshly from the market. Our family always asked us what we want to eat, and we always said we want something traditional. So, every meal was either traditional chicken or pork dishes cooked from either our host mom or from one of the daughters. One of the daughters was also a chef so we always had delicious meals every day. From the market we also bought fruits like lychees, bananas and something like hwachae as a dessert.

The first night with our host family we watched a Filipino drama, and we bonded with our family by exchanging interesting conversations and discussions. In the morning the breakfast consisted of rice and fried eggs and after we came back from our program with SPCC we got fed delicious traditional pork dish. After eating we were enjoying the time with our family, playing with their grandson and having deep talks.

All the sudden it started raining heavily and there was a black out, but that didn't destroy the vibe. With candles lighted up all around the house, we started singing karaoke and our host dad told us to leave the door open because in the compound when someone is singing karaoke, they leave the door open for the others to hear it too.

After singing our heart out until the battery was low, the power returned, and we continued the vibe with UNO and the loser had to fulfill a dare. More selfies and group picture were taken and then we went to sleep.

The next day we accompanied our host mom to school to see what the school looks like in the Philippines. We then went to meet up with the others from the group and had to part way from our family. The Departure was quite hard, but we exchange social media to stay in touch.



AFTERNOON COOKING & DANCING WITH ECPAT

During our visit to ECPAT in the Philippines, we had the opportunity to visit the ECPAT home in Manila. ECPAT (End Child Prostitution, Child Pornography; Trafficking of Children for Sexual Purposes) is a global organization dedicated to protecting children from sexual exploitation. ECPAT operates in over 100 countries worldwide, including the Philippines, where it addresses issues such as child prostitution, child pornography, human trafficking, and online child abuse. ECPAT plays a crucial role through prevention, education, victim support, and advocacy for stronger child protection laws.

The ECPAT home in Manila provides a safe refuge for girls aged 12 to 18 who have been victims of sexual exploitation. Here, they receive the necessary support to heal and regain hope. During our visit, we cooked Kaiserschmarrn with the girls and spent a joyful afternoon playing games, dancing, and singing. We not only shared time together but also exchanged dreams and stories, making the afternoon a particularly valuable experience.

ECPAT's work in the Philippines includes operating shelters as well as extensive education and awareness programs in vulnerable communities. Additionally, ECPAT advocates for the enforcement of laws to protect children from sexual exploitation and supports prosecution against perpetrators to protect children globally in the long term.

MORNING WITH STREET FAMILIES AND KARITON

The next day, we visited the organization Kariton. Kariton is an NGO dedicated to the rehabilitation and empowerment of street families. The name of the organization is derived from the wooden carts used by these families—during the day to collect recyclable materials and at night for shelter. Kariton helps these families organize themselves and secure their livelihoods through various projects.

Our day began early in the morning as we headed to a Kariton junk shop. There, we received an introduction and met the people who would accompany us in collecting trash. These individuals are directly involved in Kariton's projects and benefit from the support the organization provides. After the introduction, we split into groups and started collecting trash.

This experience was challenging in many ways — not only physically but also emotionally, as we had the chance to experience the difficult living conditions of street families up close. It was moving to see how determined they are to manage their daily lives and try to provide a better future for their families. The trash collection itself pushed us beyond our comfort zones. Despite the initial challenges, the activity eventually became enjoyable and offered ample space for reflection on ourselves and the living conditions we otherwise take for granted. After this intense morning, we gathered to discuss our experiences. This experience not only gave us a deeper insight into the challenges of urban poverty but also prompted us to reflect on our own privileges and our understanding of social justice.



PHOTO GALLERY



CORDILLERA EXPERIENCE



ARRIVAL IN BAGUIO & SESSION WITH CORDIS

On August 22, we embarked on our journey from Manila to Baguio City early in the morning. We boarded a fancy bus — fancy by means of plenty of legroom and nap opportunities! After about eight hours of sleeping and snacking, we finally arrived in Baguio and hopped into two vans, ready for the next leg of our journey.

The vans took us to the office of CDRDS Cordillera Disaster Response and Development Services. CDRDS focuses on disaster response, community development, and the empowerment of indigenous peoples. The organization works to promote sustainable practices and enhance resilience in the face of natural disasters, ensuring that marginalized communities have access to essential resources and support.

Once there, we were warmly welcomed with coffee, cake, and delicious local food. It felt like home right away, wrapped in a cozy welcome. We got to know Jimmy, head of the organisation, and his crew. He provided us with an insightful overview of the organization's mission and its origins. He explained how CDRDS supports various indigenous communities, highlighting the importance of preserving their culture and addressing their needs.

Then we all went on a hike together. Baguio is filled with these stunning pine trees that give the city its unique charm. We really enjoyed the nature & fresh scent of pine.

After we checked in into our hotel we all went out to eat together. Then we headed to the famous Night Market. The streets were filled with laughter and chatter of people enjoying the lively scene. As we walked through the market we encountered everything from quirky souvenirs to clothes and delicious street food.

With our hearts full and our minds buzzing from all we experienced, we departed Baguio the next day, super excited to finally live with the indigenous Community in Kayan.



HOST COMMUNITY OF KAYAN

Well rested and motivated to get to Kayan, we put all our bags in the vans and started the road trip.

Separated into two vans and one pick up truck we admired the breathtaking view going up the mountains. After lots of singing and laughing and deep talks on the way we took a lunch break where we tasted the traditional meals of the cordillera. The food was fish or chicken soup and vegetables with rice with fish or chicken.

After our long 6-hour trip we arrived in Kayan where we first enjoyed a snack, some coffee and got to rest before being welcomed to the community. We also got briefed about our preassigned buddy and host families we also changed some arrangements. Later in the afternoon we went to our welcome program, where we sat together, presented ourselves, sang traditional Austrian songs and heard some traditional songs from the cordilleras. Afterwards we had dinner together where we had our first but not last local chicken with rice and sweet potatoes.

We then got together with our buddy or buddies and went with our host families. Our host mom was auntie Nieves to our huge house that had kind of a cabin vibe where you could see over the rice fields and Kayan. Each of us had our own room and after we discussed with our host mom when we want to have breakfast when we want to start our program everyone went to sleep.



Well rested we woke up and had fried eggs with rice and toast. We took off and our program was doing everything that the locals are doing. Which include planting rice, loosening the mud with something like a small tractor and planting a citrus plant.

After everyone was completely dirty from the mud everyone went to our house, and we had bonding time with the community. We learnt to play their indigenous instruments which were mainly the gong, the bamboo xylophone which is called patatag and the to gatong and we also learnt their traditional indigenous dances to the music. Following lots of dancing and playing the instruments, the gathering continued in the house where we sang songs together and played card games.

Sometime later we enjoyed a dinner with local fish and rice, everything we ate in the cordillera was locally sourced and fresh. The next day after the breakfast we went to the meeting point of Kayan where we had a Questions and answer. The Austrians had an opportunity to ask the indigenous one on one question about their culture, the connection of Christianity and their own beliefs and how they preserve their indigenous identity. The indigenous people also had the opportunity to ask us about our traditions and our culture.

On the last day we went to the mass and had a farewell gathering where we saw the young indigenous people of Kayan dressed in their traditional clothes and they showed us their traditional dance and we celebrated our time together before departing.



PHOTO GALLERY





CLOSING DAYS

After all the experiences we had throughout Luzon, the north of the Philippines, we head to a resort in Subic, where we could rest for a day and reflect on all the learnings and thoughts we had in the previous weeks.

We had our final processing, in which many important topics were raised. We tried to grasp the essential elements of Philippine society and depict them in a flipchart. We represented the experience with a person who was navigating in a boat. At the beginning, the person was on the surface and did not understand the complexities of Philippine society, but after a deep immersion, the person left towards the sunset with lots of learnings and useful knowledge, which could also have an impact back home.

Apart from all the socio-political inputs we got, we experienced much more important things like solidarity and the community feeling. Whenever we went, we were welcome with smiles and big hearts, which was very touching for all of us. People shared their time, stories and resources to make our journey incredibly valuable and unforgettable. For that, we are extremely thankful.

The beauty of the trip is that we all leave a little bit of us with our hosts and take very diverse learnings and memories in our backpacks. We will never forget all intercultural conversations, hands-on activities, food shared and music that made Philippines a part of us.

SALAMAT



REISEBERICHT PHILIPPINEN 2024

Von Alexia, Eva, Irene, Lisa, Magda, Romy, Petra, Tara und Ulli